

INJECTABLE SERVICES

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www.MountcastleMedicalSpa.com



BOTOX[®] & DYSPORT[®]

See.

BOTOX®/DYSPORT®

Neuromodulators relax the appearance of forehead furrows, crow's feet and frown lines for smoother, younger looking skin through a series of tiny injections. Longevity of treatment is 3-4 months. UP TO 25 UNITS

\$14/unit

26-50 UNITS

\$13/unit

51+ UNITS

\$12/unit



ALLERGAN

WITH ALLE REWARDS

JUVÉDERM® ULTRA

An injectable gel that temporarily adds more fullness and plumps lips. JUVÉDERM® Ultra XC is also approved for smoothing and correcting moderate to severe parentheses lines, such as nasolabial folds (smile lines around the nose and mouth)

\$750

JUVÉDERM® ULTRA PLUS

A smooth-consistency gel comprised of hyaluronic acid, a naturally occurring substance in our skin, to add volume and hydration. JUVÉDERM® can be used to treat unwanted lines & wrinkles on the face. The most common areas injected with the gel are "smile lines", "marionette lines", and lips.

\$750

JUVÉDERM® VOLUMA XC

The first FDA-approved filler designed specifically for the cheeks. Voluma instantly adds volume to the cheek area, resulting in a subtle lift to restore natural contours and provide a more youthful profile. Voluma can also be used to add volume to the chin area and sculpt the jawline, achieving more structured and balanced facial contours \$750

JUVÉDERM® VOLBELLA

A hyaluronic acid based injectable gel used to provide subtle and natural lip augmentation and to smooth out fine lines on the lips. Volbella can also be used to smooth fine lines and wrinkles around entire perioral area, including upper lip lines or

"smoker lines"

\$750

JUVÉDERM® VOLLURE

A cosmetic hyaluronic acid dermal filler designed to treat mild to moderate wrinkles and folds that form in the lower face, specifically the nasolabial folds and marionette lines. The injection is soft, subtle, and smooth and typically doesn't produce as much swelling as other fillers.

\$750

KYBELLA®

This non-invasive, safe, and effective injectable procedure reduces the appearance of submental fat below the chin, commonly referred to as the "double chin." Kybella® can also be used to reduce fatty deposits in the jowl area, achieving a more structured

jawline. \$650/vial



GALDERMA

WITH ASPIRE REWARDS

RESTYLANE®

A hyaluronic acid based soft tissue filler that is used to treat mild to moderate creases around the mouth, commonly known as marionette lines and nasolabial folds. It is a versatile filler that is also used to add volume to under-eye hollows known as "tear troughs", thus reducing the appearance of tired-looking eyes. Restylane® is also popular for the lips, adding natural enhancement and augmentation.

\$750

RESTYLANE® LYFT/CONTOUR

Lyft and Contour is used in the midface region for loss of volume and cheek enhancement. This is a hyaluronic acid-based filler that has the ability to volumize the cheek area and give a slight lift or contour to the jowls, creating a refreshing, youthful look. Treatment will be specialized based on each individuals goal.

\$750

RESTYLANE® REFYNE

Next-generation hyaluronic acid filler designed to help support your skin while keeping you looking like you. This product is designed with XpresHAn Technology to help soften laugh lines (nasolabial folds and marionette lines) and add volume to the lips.

\$750

RESTYLANE® DEFYNE

A hyaluronic acid filler that replenishes facial volume related to age, weight loss, and other causes. This product is used to fill in nasolabial (smile lines).

\$750

RESTYLANE® KYSSE

Restylane® Kysse is a hyaluronic acid filler which can subtly enhance the fullness of the lip body and add definition to the border to create soft, natural looking lips. This product transforms lips to appear revitalized as wrinkles are filled out and also become soft and

supple. \$750

SCULPTRA®

FDA-approved injectable that helps gradually replace lost collagen, the most common protein in the body that is used to form a framework to support cell and tissue. Results can last more than two years. Sculptra® helps restore facial volume and the look of fullness to wrinkles and folds over time.

\$750/vial

BODY INJECTABLE TREATMENTS

HYPERDILUTE RADIESSE®

Calcium based filler that immediately corrects moderate to severe wrinkles, restores volume loss, and maintain curves by stimulating new collagen production. May be used to volumize cheeks, correct deep groves and wrinkles, chest, knees, butt, and hip dips.

Neck	\$1,200	Hip Dips	\$3,000	Knees	\$1,400
Chest	\$1,200	Buttocks	\$5,500		

SCULPTRA®

Activate the skin's natural regenerative process with Sculptra® Aesthetic and help replenish lost collagen 1-3, the most common protein in the body that supports cells and tissue. This FDA-approved injectable subtly and gradually helps restore facial and body volume. May be used to correct deep grooves and wrinkles and volumize cheeks, chest, knees, butt, and hip dips.

Face	\$1,400	Hip Dips	\$3,000
Neck	\$1,200	Buttocks	\$5,500
Chest	\$1,200	Knees	\$1,400

QWO®

QWO® is the first and only FDA-approved injectable for moderate to severe cellulite and dimpling in the buttocks. Visible results may be achieved in 10 weeks. 3 treatments are required 21 days apart

\$1,000/treatment

THREADS

BARBED PDO THREADS

Minimally invasive procedure works by stimulating the production of collagen in order to produce healthier, firmer skin. It can also lift tissue in the mid-face and neck where the barbed sutures are placed.

\$1,500-\$3,000/treatment

MONO SMOOTH THREADS

Minimally invasive procedure to treat fine lines & wrinkles by adding structural proteins (fibrin, elastin, collagen), resulting in a smoother, plumper appearance. Ideal for the upper lip, neck lines, laugh lines, and crow's feet. \$350-\$850/treatment

PRP/PRF PLASMA RICH TREATMENTS

PRP/PRF FOR HAIR RESTORATION

PRP (platelet rich plasma) therapy for hair loss is a three-step medical treatment in which a person's blood is drawn, processed, and then injected into the scalp. Platelet-rich plasma is the most natural method for safe and easy stimulation of hair growth in underactive hair follicles. By focusing the injections into areas of thinning hair on the scalp, it will create a fuller/thicker appearance. The process can be completed in a short amount of time. Most PRP therapy requires 3 treatments 4-6 weeks apart and maintenance treatments may be required every 4-6 months.

PRP/PRF FOR UNDER EYES

PRF (platelet rich fibrin) has a higher concentration of platelets, fibrin, white blood cells, and stem cells. The platelets attach to the fibrin network and release the growth factors that are responsible for creating new skin cells and collagen. Once your blood has been drawn and spun down, the platelet-rich plasma is injected to the tear trough to correct crepey skin (thin fine paper-like wrinkles), improve hollowness, and reduce discoloration and dark shadows so that patients look younger and refreshed. Most patients require two treatments 4-6 weeks apart. \$650

MEET OUR INJECTORS



Our Chief Aesthetic Nurse and Director of Aesthetic Nursing, Amy Herrmann, is a top 1% injector of the entire country. Amy is an expert in aesthetic injections and has taken the practice to new heights with her inherent passion, broad knowledge base, and caring disposition. With her help, the practice has soared to the most elite levels of Allergan, making our Medical Spa a Top 250 account and Amy a respected injector amongst her peers nationally. For over 13 years, she has performed, taught, and mastered cosmetic sclerotherapy for spider veins, Botox® injections, facial lasers, chemical peels, laser hair removal, and cosmetic dermal fillers. Every year, Amy increases the number of all our non-invasive procedures and completes hundreds of treatments per month. Amy's unique skillset is unparalleled to many injectors in her field, and her credentials surpass those in the area. Amy attended Northern Virginia Community College and graduated in 2009 with an Associate Degree in Nursing. She is very fond of the outdoors and loves to be active outside with her daughters. This year Amy has the honor of becoming a national trainer with GALDERMA, the manufacturer of Dysport®, Restylane®, and Sculptra®. She will continue to use her experience to train other injectors on the art of injectables.

Amy Herrman RN, CANS, CSPN Amy@mountcastlemedicalspa.com

Meredith has more than 13 years of experience practicing as a nationally boardcertified Physician Assistant in plastic and reconstructive surgery and aesthetic medicine. She holds a bachelor's degree from James Madison University and a master's degree in physician assistant studies from Shenandoah University. She has trained and practiced extensively in advanced injectables including Neuromodulators (Botox, Dysport), fillers, and Biostimulators (Sculptra). She also enjoys working in the operating room to assist in transformational surgeries. She values educating her patients and helping them to look and feel like the best version of themselves by achieving beautiful and natural results. When not in the office, Meredith loves traveling and spending quality time with her husband and two daughters.

> Meredith West PA-C Meredith@mountcastlemedicalspa.com



MEET OUR INJECTORS



Ashley Schwab works as an Aesthetic Nurse at Mountcastle Medical Spa & Laser Center. Prior to joining the Medical Spa team, Ashley worked alongside Dr. Mountcastle as the Pre and Post Operation Nurse. She has always been passionate about aesthetics and found an opportunity to train with Amy in addition to several well-known cosmetic medical injectors. Through these trainings, Ashley has found a particular interest in fillers and neuromodulators.

Ashley is always ready to greet her patients with her infectious smile and bubbly personality. Her caring disposition automatically puts her patients at ease, whether it is their first or 20th appointment.

Ashley is a native to the Ashburn, VA area and attended Broad Run High School. She obtained her bachelor's degree In nursing from Shenandoah University. Outside of the office, Ashley can be found singing and devoting time to her family and friends.

Ashley Schwab RN. BSN Ashley@mountcastlemedicalspa.com

Neyda is our bilingual (Spanish) Aesthetic Nurse. She graduated from Monroe Technology Center with her License in Practical Nurse in 2014. While working at Mountcastle Plastic Surgery, she furthered her career and graduated from George Mason University as a Registered Nurse with her B.S.N in 2019. In the pursuit of continuing her education, Neyda is a graduate of CoolSculpting® University. This puts her at the forefront of all the most recent CoolSculpting® techniques. Neyda also specializes in a variety of techniques that include, but are not limited to: Sclerotherapy, Botox®/Dysport®, Fillers, Kybella®, PRF for hair restoration, OWO®, Microneedling, and CoolSculpting®.

Neyda Rivera RN. BSN Neyda@mountcastlemedicalspa.com



KEEP IN TOUCH



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@botoxbyash

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@marvelously_mere_pa

🞯 @nurseneyda

- REWARD PROGRAMS



ALLERGAN POINTS







GALDERMA POINTS